

Quito's

Seafood Restaurant & Bar
est.1954

GLUTEN FREE MENU

Salads

GARDEN SALAD - 6

Romaine lettuce, cherry tomatoes,
Cucumbers, red onion, bell peppers

SICILIAN SPINACH SALAD - 10

Baby spinach, crispy panchetta, goat cheese,
dried cranberries, pears, candied pecans and
a lemon balsamic vinaigrette

ADD TO ANY SALADS

7oz Organic Grilled Chicken Breast - 7

Three Grilled Shrimp - 9

*Pan-Seared Salmon Filet - 11

One Crab Cake - 8

One Grilled Lobster Tails - Market Price

Four Pan-Seared Scallops - 10

Chowder - Stew - Bisque

Rhode Island Clam Chowder Cup - 5 | Bowl - 7

Manhattan Clam Chowder Cup - 5 | Bowl - 7

Quito's Seafood Stew Cup - 8 | Bowl - 10

Signature Fish

*PAN-SEARED PESTO SALMON - 22

Salmon, Sliced Tomatoes, Pesto Sauce.

GRILLED SWORDFISH - 26

Prepared in Garlic, Herbs, Olive Oil, White Wine

ITALIAN BAKED FISH - 22

Cod Fish, Italian Tomato Zuppa Sauce, Spices, Olive Oil

Grilled & Pan-Seared

Prepared in Garlic, Olive Oil, White Wine & Italian Seasonings.

Served with Mashed Potatoes & Garlic Steamed Broccoli

*PAN-SEARED SALMON - 22

PAN-SEARED TRIO - 27

Scallops, Cod and, Shrimp

PAN-SEARED SCALLOPS - 26

PAN-SEARED SHRIMP - 25

PAN-SEARED COD - 19

*QUITO'S NY STRIP CENTER CUT STEAK - 26

U.S.D.A choice sirloin steak grilled in garlic butter and spices

ADD THREE GRILLED SHRIMP OR FOUR SCALLOPS for \$10

Starters

COCONUT MANGO SHRIMP - 16

Five jumbo shrimp, sautéed &
Tossed in our coconut mango sauce

CRAB CAKES - 15

Two Lump crab cakes sautéed
Served with Honey-ginger sauce

HOT CRAB DIP - 15

Hand picked lump crab meat, scallions,
cream cheese, parmesan and, mozzarella cheeses all
baked and served with our own fried tortilla chips

In the Shell

ATLANTIC OYSTERS*

Per Oyster - 1.95

JUMBO SHRIMP

Per Cocktail Shrimp - 3.50

NATIVE LITTLENECKS*

Each - 1.50

CHILLED LOBSTER TAIL

(One Lobster Tail) | Market Price

CLAMS CASINO - 13

R.I. littlenecks, Butter-rich cracker
Stuffing & topped with Bacon

STEAMERS - Market Price

1.50 Lb. Steamed Clams

STEAMED LITTLE NECKS - 15

Ten Clams steamed & tossed In a choice of
Garlic & oil sauce or tomato-based zuppa
sauce

STEAMED MUSSELS - 14

Steamed & served in your choice of garlic
& oil sauce or tomato-based zuppa sauce

Lobster

LOBSTER SAUTEE - 36

Lobster, Sherry Cream, Butter, White Wine

STEAMED LOBSTER - Market Price

1.25 lb - 2.50 lb Lobster, French Fries, & Coleslaw

(Ask your server for todays available lobsters)

GRILLED LOBSTER TAILS - 36

Two 1 1/4 lb. Lobster Tails, Garlic Butter, Smashed Potatoes, & Broccoli

SOME ADDITIONAL CHARGES MAY APPLY
WHEN ORDERING ITEMS THAT ARE GULTEN
FREE. ITEMS ARE SUBJECT TO LIMITED
AVAILABILITY AND SOME MENU ITEMS CAN
ONLY BE OFFERED DURING THE OFF SEASON
MONTHS PLEASE INFORM YOUR SERVER OF
ANY ALLERGIES BEFORE YOU ORDER.
THANK YOU QUITO'S

Fried Seafood

AVAILABLE DURING THE OFF SEASON IN A GLUTEN FREE BATTER FOR AN ADDITIONAL CHARGE

WHOLE CLAM SEAFOOD PLATTER - 30

Hand-battered cod, shrimp, scallops, whole clams, with French Fries & coleslaw

STRIP CLAM SEAFOOD PLATTER - 26

Hand-battered cod, shrimp, scallops, strip clams, with French Fries & coleslaw

FISH N' CHIPS - 16

Cod, deep fried in a light batter, served with French fries & coleslaw

WHOLE CLAM PLATTER - 27

Whole bellied clams, fried in a light batter, with French fries & coleslaw

CLAM STRIP PLATTER - 17

Strip clams, fried in a light batter, with French fries & coleslaw

FRIED SCALLOP PLATTER - 25

Sea scallops, fried in a light batter, with French fries & coleslaw

FRIED CALAMARI PLATTER - 18

Squid rings, fried in a light batter, with French fries & coleslaw

FRIED SHRIMP PLATTER - 25

Seven Jumbo shrimp, fried in a light batter, served with French fries & coleslaw

FRIED HALF AND HALF - 26

Choice of any **two** fried seafoods

(Whole Clams, Clam Strips, Scallops, Calamari, Shrimp, Oysters, Cod)

SUBSTITUTE SWEET POTATO FRIES
FOR AN ADDITIONAL - 1.99

Sandwiches & Burgers

WE DO NOT CARRY GLUTEN FREE BREAD IN ORDER TO BE GLUTEN FREE YOU MUST OMIT THE BUN.
ALL FRIES ARE GLUTEN FREE.

FRIED FISH SANDWICH - 12

Fresh cod, lightly fried and served with sliced tomato and romaine lettuce

PAN-SEARED FISH SANDWICH - 13

Fresh cod, pan-seared in garlic-infused butter, Served with sliced tomato and romaine lettuce

FISH TACOS - 13

Marinated cod, pan seared served in a grilled corn tortilla shell with Cabbage, tomatoes, and organic lemon mayonnaise,

CRAB-CAKE SANDWICH - 14

Lump crab meat sautéed with a zesty honey-ginger sauce, Served with sliced tomato and romaine lettuce

GRILLED CHICKEN SANDWICH - 12

Fire-grilled organic chicken breast topped with lettuce, Tomatoes, and honey-ginger sauce

*ANGUS BURGER - 13

USDA choice Angus beef chuck steak burger, grilled to perfection Served with Vermont cheddar cheese lettuce and tomato on a toasted brioche bun

ADD CHEESE - 1.99

ADD THICK SLICED BACON FOR -2.50

Pasta

AVAILABLE WITH OUR GLUTEN FREE PASTA FOR AN ADDITIONAL CHARGE

SEAFOOD MEDLEY - 28

Littleneck clams, shrimp, and scallops tossed in choice of garlic, White wine scampi sauce or Italian tomato zuppa sauce

SPAGHETTI WITH LITTLE NECKS - 22

Littlenecks in a choice of garlic, white wine, scampi sauce or Our garlic tomato zuppa sauce

LOBSTER SCAMPI - 29

Lobster meat sautéed in our garlic, white wine sauce over spaghetti

SHRIMP SCAMPI - 25

Large shrimp sautéed in garlic, white wine scampi sauce over spaghetti

SHRIMP ZUPPA - 25

Large shrimp sautéed in garlic, tomato zuppa sauce over spaghetti

SPAGHETTI WITH CLAM SAUCE - 18

Red or white clam sauce served over capellini

SPAGHETTI WITH MUSSELS - 19

Mussels tossed in choice of our garlic, white wine, scampi sauce or Garlic tomato zuppa sauce

CALAMARI MEDITERRANEAN - 19

Tomato sauce infused with garlic, kalamata olives, Banana peppers, and red pepper flakes tossed with spaghetti and fried or sautéed calamari

SEAFOOD MEDITERRANEAN - 27

Tomato sauce infused with garlic, kalamata olives, banana peppers, & red pepper flakes tossed with spaghetti and fried or sautéed calamari, scallops and shrimp

Seafood "a la Carte"

AVAILABLE IN OUR GLUTEN FREE BATTER DURING THE OFF SEASON MONTHS FOR AN ADDITIONAL CHARGE

FOUR FRIED JUMBO SHRIMP - 14

FRIED WHOLE BELLY CLAMS - 11

FRIED CLAM STRIPS - 8

PIECE OF FRIED COD - 5

SIDE OF FRIED COD - 13

PIECE OF PAN-SEARED COD - 6

SIDE OF PAN-SEARED COD - 14

FRIED OYSTERS - 10

FRIED SEA SCALLOPS - 11

Sides

GARLIC STEAMED BROCCOLI - 4

HAND - MASHED ITALIAN POTATOES - 4

SAUTÉED ITALIAN SPINACH - 5

BAKED IDAHO POTATO - 4

CLASSIC FRENCH FRIES - 4

QUITO'S COLESLAW - 4

SWEET POTATO FRIES - 5

GLUTEN FREE PASTA MARINARA SAUCE OR GARLIC & OIL SAUCE - 13